



**Congratulations** on your decision to change your body – and life – for the better! Over the next 90 days, you will experience a dynamic whole body & mind transformation...resulting in a stronger and leaner body, increased confidence and motivation, and a more energetic and healthier lifestyle.

The EPX Body Challenge is a 90-day healthy living contest; everyone can be a winner in the EPX Body Challenge! Participants are paid based on the amount of weight they lose using EPX Body products – up to \$10 per pound lost.

#### **How to Enter:**

To officially enter the EPX Body Challenge, participants must submit a completed EPX Body Challenge Entry Form. EPX Body members can download the form from their EPX Body back office at [www.epxbody.com](http://www.epxbody.com). Please print the form on plain white paper and fill it out using either black or blue ink. Forms must be completed in English. Incomplete and illegible entries will be disqualified. Entries are either to be emailed to [epxbodychallenge@gmail.com](mailto:epxbodychallenge@gmail.com) with the subject line “Entry Form” OR mailed to EPX Body 90 Day Challenge, 1485 W. Hill Field Rd. Ste #202 Layton, Ut. 84041.

#### **Submission Deadlines:**

Each participant sets their own official “start date” for their 90 Day Challenge.

Please note that the EPX Body Challenge Entry Form has 3 (THREE) parts: (1) Starting Transformation Information, (2) Mid-Way Transformation Information (45days), and (3) Ending Transformation Information (90days). ALL THREE PARTS are required for an entry to be complete. EPX Body is not responsible for internet connectivity, mail delays, misplaced or lost entries. Challenge participants must notify EPX Body in writing of any change of mailing address, email address, or phone number.

The information of how to enter the challenge is on the Entry Form, Mid-Way Form, and Ending form. It is the same information needed on all three forms.

## **Number of Entries**

Participants may not enter the Challenge more than once.

## **EPX BODY CHALLENGE – OFFICIAL RULES AND REGULATIONS, continued Eligibility**

EPX Body Challenge participants must be at least 18 years of age. The EPX Body Challenge is subject to applicable federal, state, and provincial laws and is void where prohibited.

Each participant must be an EPX Body member OR customer and is required to use one or more EPX Body products for three (3) consecutive months. (including EPX Body Cardio®, EPX Body Daily®, EPX Body Detox®, EPX Body Ignitemaxx®, and EPX Body Immune®). Save your EPX Body receipts as they may be eligible for tax advantages and tax deductions.

### **Prizes:**

Prizes are awarded based on number of pounds lost by the participant during the 90 Day Challenge. The maximum prize a participant can earn is \$500.

- Lose 1-19 pounds during the 90 day challenge and earn an official EPX Body t-shirt.
- Lose 20-29 pounds during the 90 day challenge and earn \$4 per pound lost.
- Lose 30-39 pounds during the 90 day challenge and earn \$6 per pound lost.
- Lose 40-49 pounds during the 90 day challenge and earn \$8 per pound lost.
- Lose 50+ pounds during the 90 day challenge and earn \$500.

All entry forms and eligibility information must be complete and valid in order to qualify for a prize. Prizes will be paid out along with the participant's EPX Body commission check after their 90 Day Challenge has ended and their Entry Form Ending Information has been received and processed.

## Regulations and Requirements:

Each participant assumes all risk of injury, harm, or loss of any kind arising from participation in the EPX Body Challenge. Consult with your physician or health care provider before starting any new exercise, nutrition, or supplementation program, particularly if you suffer from any medical condition or regularly use prescription or over-the-counter medications. If you are not experienced with strength training, or if you are changing your exercise program, consult with a qualified trainer or coach. Participants expressly release EPX Body, its distributors and affiliated companies, and the directors, officers and employees of any of them, from all risk, loss, injury, damage, or harm that may arise from participating in the Challenge. EPX Body represents extraordinary examples of what can be accomplished through an integrated system of exercise, nutrition, supplementation, and goal-setting. As individuals differ, their results will differ, even when using the same program. All information and materials submitted along with the Entry Form(s) become the sole and exclusive property of EPX Body. Submission of your Entry Form(s) in the EPX Body Challenge constitutes your express consent and permission for EPX Body, and any of its subsidiaries and affiliated companies, to use your name, photographs, and written responses (in whole or in part) for marketing purposes to promote their products and business, in any media and in any manner whatsoever, without limitation or restriction or further consideration of any kind. EPX Body reserves the right to interpret these rules and, if necessary, to amend the rules at its sole discretion and without notice to individual Challenge participants. **If EPX BODY feels a participant in the challenge is attempting to defraud the company by manipulating weights, photos, or other extremities, EPXBODY has the full right(s) to ask for additional documentation including official Doctor WEIGH-INS and Measurements to officiate reason for prize money pay or NO PRIZE MONEY PAY. If Epxbody believes a participant is knowingly trying to defraud the company for the prize money, the company will present the case to the "Challenge Committee" for final decision making. The company has full right(s) to revoke that persons entry from the Challenge and no reimbursement of any kind will be awarded to that individual.** Any amendments to the rules or changes in prizes will be published online at [www.epxbody.com](http://www.epxbody.com) and/or emailed to all EPX Body members. Rule interpretations and all judging decisions are final. Submission of your EPX Body Challenge Entry Form(s) shall be deemed your acceptance of these Rules and Regulations (as may be amended) and your voluntary transfer to EPX Body of all right, title, and interest, including copyright, of your photographs and written responses.

STARTING INFORMATION – ENTRY FORM

1. Take your “before” photos. Wear the same outfit in all “before” photos. Either wear a SWIMSUIT or you must wear form fitting clothes. All 4 photos are required: (#1) Full body shot – FRONT view; (#2) Full body shot – SIDE view; (#3) Full body shot – BACK view; and (#4) Starting weight and date verification. Photo #4 needs to be of you (or just your feet) standing on a scale (with your weight visible) with a national newspaper (with the date visible; the date must be within 2 days of the Challenge start date). Then, all 4 Photos of measurements are required: (#1) Neck Measurement; (#2) Chest Measurement (#3) Waist Measurement – around the Belly Button (Naval or Umbilicus) (#4) Hips Measurement – the largest part around the Butt (Rear-End or Gluteus Maximus). 2. Submit your completed Starting Information form and 4 “before” photos and 4 “before measurements” photos to the corporate office. Either email your entry to [epxbodychallenge@gmail.com](mailto:epxbodychallenge@gmail.com) with the subject line “Entry Form” OR mail it to EPX Body 90 Day Challenge, 1485 W. Hill Field rd. Ste #202 Layton, Ut. 84041. Per EPX Body Challenge Rules and Regulations, it must be emailed or postmarked on or before the 90 Day Challenge START date AND must be received by the corporate office within 15 days of that date. 3. Start your transformation!

Use at least one of the amazing EPX Body products for the duration of the Challenge. For even better results, follow the exercise and nutrition recommendations and track your progress in the EPX Body Challenge Guide and Journal (available free for download in your EPX Body back office). Please print legibly in blue or black ink. All information is required.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Phone  
Number: ( \_\_\_\_ ) \_\_\_\_ – \_\_\_\_\_

Email Address: \_\_\_\_\_

Challenge Start Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Challenge Mid-Way Date (45 Days): \_\_\_\_ / \_\_\_\_

/ \_\_\_\_ End Date (90 days exactly): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Start Weight: \_\_\_\_\_ lbs Mid-

Way Weight Goal: \_\_\_\_\_ lbs Goal Weight: \_\_\_\_\_ lbs

Which EPX Body product(s) are you planning to use during the 90 Day Challenge? (check all that apply) EPX Body IgniteMaxx® EPX Body Cardio® EPX Body Immune® EPX Body Daily® EPX Body Detox® What are your main reasons for entering the EPX Body Challenge? What are you aiming to achieve and why?

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If you need more space to write, please continue on the back. We love to hear from you!  
Congratulations, you’re ready to go! Start your amazing EPX Body 90 Day Challenge today!

MID-WAY INFORMATION – SUBMISSION FORM

SUBMISSION FORM: Take your “MID-WAY” photos. Wear the same outfit in all “MID-WAY” photos. Either wear a SWIMSUIT or you must wear FORM fitting clothes. All 4 photos are required: (#1) Full body shot – FRONT view; (#2) Full body shot – SIDE view; (#3) Full body shot – BACK view; and (#4) MID-WAY weight and date verification. Photo #4 needs to be of you (or just your feet) standing on a scale (with your weight visible) with a national newspaper (with the date visible; the date must be within 2 days of the Challenge MID-WAY date). Then, all 4 Photos of measurements are required: (#1) Neck Measurement; (#2) Chest Measurement (#3) Waist Measurement – around the Belly Button (Naval or Umbilicus) (#4) Hips Measurement – around the Butt (Rear-End or Gluteus Maximus). 2. Submit your completed MID-WAY Information form and 4 “before” photos and 4 “MID-WAY measurements” photos to the corporate office. Either email your MID-WAY entry to [epxbodychallenge@gmail.com](mailto:epxbodychallenge@gmail.com) with the subject line “MID-WAY Form” OR mail it to EPX Body 90 Day Challenge, 1485 W. Hill Field Rd. Ste #202 Layton, Ut. 84041. Per EPX Body Challenge Rules and Regulations, it must be emailed or postmarked on or before the 90 Day Challenge START date AND must be received by the corporate office within 15 days of that date. 3. Start your transformation!

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_ Phone

Number: ( \_\_\_\_\_ ) \_\_\_\_\_ – \_\_\_\_\_ Email Address: \_\_\_\_\_

Challenge Start Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Challenge Mid-Way Date (45 Days): \_\_\_\_\_ / \_\_\_\_\_

/ \_\_\_\_\_ End Date (90 days exactly): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Start Weight: \_\_\_\_\_ lbs Mid-

Way Weight Goal: \_\_\_\_\_ lbs Goal Weight: \_\_\_\_\_ lbs

Congratulations, you’ve made it MID-WAY! You’re ready to go for the next half of your challenge!  
Continue your amazing EPX Body 90 Day Challenge!

\*\*\* Each day, reaffirm your commitment to get healthier in your mind and in your heart. Remember that you and only you have the ability to achieve your goals. \*\*\*

ENDING INFORMATION – SUBMISSION FORM

1. Take your "AFTER" photos. Wear the same outfit in all "AFTER" photos. Either wear a SWIMSUIT or you must wear FORM fitting clothes. All 4 photos are required: (#1) Full body shot – FRONT view; (#2) Full body shot – SIDE view; (#3) Full body shot – BACK view; and (#4) ENDING weight and date verification. Photo #4 needs to be of you (or just your feet) standing on a scale (with your weight visible) with a national newspaper (with the date visible; the date must be within 2 days of the Challenge ENDING date). Then, all 4 Photos of measurements are required: (#1) Neck Measurement; (#2) Chest Measurement (#3) Waist Measurement – around the Belly Button (Naval or Umbilicus) (#4) Hips Measurement – around the Butt (Rear-End or Gluteus Maximus). 2. Submit your completed ENDING Information form and 4 "AFTER" photos and 4 "AFTER measurements" photos to the corporate office. Either email your ENDING ENTRY FORM to [epxbodychallenge@gmail.com](mailto:epxbodychallenge@gmail.com) with the subject line "ENDING Form" OR mail it to EPX Body 90 Day Challenge, 1485 W. Hill Field Rd. Ste #202 Layton, Ut. 84041. Per EPX Body Challenge Rules and Regulations, it must be emailed or postmarked on or before the END OF THE 90 Day Challenge ENDING date AND must be received by the corporate office within 15 days of that date. 3. Prizes will be paid out along with your next EPX Body commission check once your form has been received and processed, including verifying eligibility requirements. Reminder: All entry form and eligibility information must be complete and valid in order to qualify for a prize. Please print legibly in blue or black ink.

All information is required. First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
\_\_\_\_\_ Mailing Address: \_\_\_\_\_  
\_\_\_\_\_ Phone Number: ( \_\_\_\_ ) \_\_\_\_ – \_\_\_\_\_ Email Address: \_\_\_\_\_  
Challenge Start Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ End Date (90 days exactly): \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Start Weight: \_\_\_\_\_ lbs Mid-Way Weight: \_\_\_\_\_ lbs Ending Weight: \_\_\_\_\_ lbs

Which EPX Body product(s) did you use during the 90 Day Challenge? (check all that apply) EPX Body IgniteMaxx® EPX Body Cardio® EPX Body Immune® EPX Body Daily® EPX Body Detox®

We love to hear from you! Enjoy your improved body and healthy lifestyle! Celebrate your progress and keep up the great work!